



# Ski Association of Slovakia and Ski Complete Sport

invite You:

## 1. Coaching Academy of Education - Alpine

- Date: **17.9.2022 - 9:00 - 18:00**
- Location: **Hotel Victoria, Martin**
- Fee: **€30** / Includes afternoon coffee break / payment directly at Hotel Victoria
- Fill out application here - [APPLICATION](#)
- Send the application no later than 14. September, 2022, 20:00

## PROGRAM

### LIVIO MAGONI

9:00 - 10:30 - Giant slalom training methodology

10:45 - 12:15 - Analysis of giant slalom technique

- 12:15 - 13:15 - lunch break

### MARTIN BENKO

13:15 - 14:15 - World Cup tracks parameters and influence on the construction of training tracks

### KAMIL POVAZNIK

14:30 - 15:45 - Planning and evidence of sports training preparation in downhill skiing

- 15:45 - 16:15 - coffee break /coffee, tea, cookie/

### DUŠAN ŠIMO

16:15 - 17:45 - Long-term concept of training preparation of skiers

- The language of Livio Magoni speaker will be English with a translation into Slovak.
- Chairman of the seminar: Kamil Povrazník – Ski Complet Sport, Michal Molotta – Ski Association of Slovakia - education
- Event organizer: J. Štaffenová [janka.staffenova@zsl.sk](mailto:janka.staffenova@zsl.sk)