

To the:

- Members of the Sub-Committee for Cross-Country Youth and Children's Questions
- Michal Lamplot
- Andrew Cholinski
- Sarah Fussek

For information to:

- Cross-Country Executive Board
- National Ski Associations
- Michel Vion
- Niklas Carlsson
- Johan Eliasch

**INTERNATIONAL SKI FEDERATION**

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Oberhofen, 18.10.2022

**Meeting Sub-Committee for Cross-Country Youth and Children's Questions,  
Hotel Hilton, Zürich-Airport (SUI), 28.09.2022**

Dear Ski Friends,

We are pleased to send you the Minutes of the Meeting of the Sub-Committee for Cross-Country Youth and Children's Questions held in Zurich, 28.09.2021.

You are kindly asked to send any remarks to the FIS Nordic Office in Oberhofen until **31<sup>st</sup> October 2022**.

We would also like to take the opportunity of informing you that the minutes are available on the Member Services section of the FIS Website: [www.fis-ski.com](http://www.fis-ski.com).

Thank you very much for your valuable contribution.

Kindest regards,

Satu Kalajainen (FIN)  
Chair Sub-Committee for Cross-Country Youth and Children's Questions

(sent by e-mail without signature)

**Enclosure: ment.**

**INTERNATIONAL SKI FEDERATION**  
**Meeting Sub-Committee for Cross-Country Youth and Children's Questions,**  
**Hotel Hilton, Zürich-Airport (SUI), 28.09.2022**

**AGENDA**

1. Opening of the meeting
2. Members present
3. Appointment of a secretary
4. Approval of the agenda and possible additions to it
5. Approval of the minutes of the last online meeting, 04.05.2022
6. Bring children to the snow / WSD, Andrew Cholinski FIS
7. JWSC update, Michal Lamplot FIS
8. Paraspport and Development matters
9. Youth questionnaire 2022
10. Feedback/impact on y & c of harmonising distances
11. Youth Coach Online Seminar
12. Other matters arising
13. Next meeting
14. Closing of the meeting

**All proposals and decisions of the Sub-Committee are subject to the confirmation of the Cross-Country Committee on 30.09.2022 and to the approval of the FIS Council online meeting, 22.10.2022 (tbc)**

**1. Opening of the meeting**

The Chair welcomed everyone and is happy to see everyone in person again. It has been 15 years since this SC was established.

**2. Members present**

<b>Members</b>	<b>Country</b>	<b>Remarks</b>	<b>Substitute</b>
Satu Kalajainen	FIN	Chair, secretary	
Achleitner Lisa	AUT		
Angerer Tobias	GER	Substituted	<i>Steffie Böhler</i>
Baldishol Brit	NOR	Absent	
Beaulieu Julie	CAN	Substituted	<i>Chris Jeffries</i>
Borch Christian	DEN	Absent	
Cool Herbert	NED	Absent	
Eretova Katerina	CZE		
Garmash Yury	RUS		
Goebel Ronice	AUS	Absent	
Graves Cami	USA	Absent	
Huber Rudi	SRS	Absent	
Ilic Mina	SRB		
Isenschmid Marco	SUI		
Jerman Matias	ARG	Substituted	<i>Julio Moreschi</i>
Kaplan Necati	TUR	Substituted	<i>Yenal Vangolu</i>
Limby Jenny	SWE		
Malik Faustyna	POL	Absent	
Mrazova Ivana	SVK		
Ormeno Jose Miguel	CHI	Absent	
Paruzzi Gabriella	ITA		
Puntel Franco	ESP	UPDATE	
Rkioiu Abdelaziz	MAR	Absent	
Shimizu Tomomi	JPN	Substituted	<i>Noriko Ozawa</i>
Shrestha Jeetendra	NEP	Absent	
Vaikou Maria	GRE	Absent	
Wang Jeff Po-Jen	TPE		
Young Roy	GBR		
Doris Kallen	FIS		
Andrew Cholinski	FIS		
Michal Lamplot	FIS	<i>Partly present</i>	
Uros Ponikvar	SLO	<i>Partly present</i>	

Ken Read, overall chair of the Y&C questions in FIS welcomes everyone and highlights the importance of these committees. A nice crowd of observers were also present.

**3. Appointment of a secretary**

Madeline Nappey volunteered to do the minutes – approved.

**4. Approval of the agenda and possible additions to it**

The agenda is approved. Point 6 and 7 will be swapped.

**5. Approval of the minutes of the online meeting, 04.05.2022**

The spring meeting minutes were approved unanimously.

**6. Bring children to the snow / WSD, Andrew Cholinski FIS**

Summer 2022 was one of the busiest for Bring Children to the Snow.

Snowkidz program: 5000 events and actions. Starting in 2007, it shows the enthusiasm for the project.

The new shreddspark can be implemented everywhere and should be a big success, the demand is very high. It is a full snowpark to bring children to the snow.

Next generation of the snowpark will be a cross country one. Giving the high demand, we will try to raise the number of devices. More information will come in due time.

For the future, we are looking for an influencer to create a skiing video series in order to educate ie. parents about tips for skiing children. If any nations are willing to contribute in this, Andrew can be directly contacted.

The project PLAY to take displaced kids to the snow took place in Lebanon and it was a big success and it proved that it can be brought to other challenging places.

The movie premiere will take place in Zurich on 23<sup>rd</sup> of November 2022 and NSAs will be invited.

10 rules of Special Olympics were released and are available to everyone. They are available in 22 languages. It is a very simple tool.

Cross-Country rules were drafted after many years. They are subject to approval in spring meetings. They are attached along the minutes.

World Snow day 15<sup>th</sup> January 2023. Registrations are open.

50 events in 27 countries but we aim for even more.

Mountains 10 are translated in 25 languages.

World Snow Day awards have 4 categories: First event, Best world Snow Day, Best small World Snow day, Most creative Snow Day

FIS licence statistics: we checked the new licences to check the health of our sports. 89% of the new licences are young people. Cross Country seems to have bounced back after Covid. New licences are male dominated. CC is the second best discipline at attracting new licences. Peak of CC licences was 2019, the trend is overall good, growing consistently. CC seems to be a resilient sport and is the only discipline that has a consistent growth. The gender ration is not good however. Question was, if the licenses could be presented by area, would give a clearer picture of the overall situation?

The Chair congratulates Sweden for winning 2022 Snowkidz Award.

**7. JWSC update, Michal Lamplot FIS**

Michal Lamplot presented the format of the upcoming JWSC and U23 in Canada. Equal distances; 10 km interval, 20 km mass start, sprint and mixed relay 4x5km (the order to be defined on Friday). A JWSC LOC presentation will take place on Friday.

Future organizers: 2024 Planica, 2025 to be defined, 2026 Trondheim. The traditional dates, end of January, beginning of February should be used again.

YOG: qualification system has been published. Athletes born in years 2006 to 2008 are eligible. Equal distances will also be applied in Gangwon 2024.

Dates January 18<sup>th</sup> to February 1<sup>st</sup> and cross country will take place between 27Jan-1Feb.

## **8. Parasport and Development matters**

The Chair congratulated Georg Zipfel for his new position.

Presentation from Georg Zipfel and Elke Gundemann:

Elke gave a short introduction of herself. She has worked 6 years with IPC and is now working for FIS.

Laura Getzmann is the new Para Sports Project Coordinator.

WSC PWG and WC are the three highest level of competition. PWG takes place one month after the OWG. FIS Para team is composed of 8 employees.

Three categories exist: sitting, standing and vision impaired. One day of competitions therefore includes 6 races and days can be very long. Para Nordic also includes Para Biathlon as 75% of athletes compete in both disciplines.

There are four WC weekends, Vuokatti, Planica, Östersund and Soldier Hollow.

Parasports will have an similar layout on the FIS website.

It is important to make the sport understandable to the public (compensation of time according to disablement) and receive the correct terminology.

Quick poll amongst the members indicates that (only) a few nations currently co-operate with Para snowsports. Georg highlighted the importance of homologation process to be compliant with Para and also kids.

## **9. Youth questionnaire 2022**

1500-2000 youth from 22 nations participated in the questionnaire in spring. Should we continue with such surveys? Should it evolve? At which frequency? Should it be coordinated with other disciplines? Should FIS own it?

Such questions do not have to be answered during this meeting but should be given some thoughts for the next meetings.

Quick check if anyone published the results in their home nation – a couple did.

## **10. Feedback/impact on y & c of harmonising distances**

The chair asked for feedback and any actions for the season after harmonising distances.

It has been equal for a long time for some nations such as Sweden.

Canada will implement the new distances for the season.

Isenschmidt: should we make a new questionnaire after the new distances have been implemented for a year or two? The idea could be good in two years. We could also ask the coaches.

Young: a big concern over female juniors skiing 20 km – too demanding for them.

We need to monitor the situation and collect feedback along the way.

## **11. Youth Coach Online Seminar**

It is challenging to make it worldwide because of the time zones.

Gabriella: Seminars should be online to reach more people. Max 1 ½ hours 2 or 3 times in a month. As for the language, it would be good to have a visual for some exercise to overcome the language barriers.

Jeff: it is a good idea for developing nations to be able to join such seminar. We could make the seminar by region (as for TDs). The topic can be creative that could fit all levels, drills for example.

Noriko: JPN would like to have multiple topics covered: training problems, nutrition and management..

CZE: Topics should be defined according to the age category because it causes big differences.

Majority thought the target group is club coaches and different coaching methods. For this we need FIS help to set up and communicate.

## **12. Other matters arising**

The Chair proposed a joint meeting with some other cc sub-committees in spring; to exploit synergies and overlapping goals.

## **13. Next meeting**

Dubrovnik 3<sup>rd</sup> to 5<sup>th</sup> of May 2022.

## **14. Closing of the meeting**

20:05, The Chair thanks participants and closes the meeting.