

To the:

- Members of the Sub-Committee for Cross-Country Youth and Children's Questions
- Michal Lamplot
- Andrew Cholinski
- Sarah Fussek

INTERNATIONAL SKI FEDERATION

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- Cross-Country Executive Board
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- Johan Eliasch
- Michel Vion
- Philippe Gueisbühler
- Sandra Spitz
- Amanda Schären

Oberhofen, 23.05.2022

Minutes Online Meeting Sub-Committee for Cross-Country Youth and Children's Questions, Zoom platform, 04.05.2022, 13:00 – 15:00 hrs -CET

Dear Ski Friends,

We are pleased to send you the Minutes of the Meeting of the Sub-Committee for Cross-Country Youth and Children's Questions held online, 04.05.2022.

You are kindly asked to send any remarks to the FIS Nordic Office in Oberhofen until **15th June 2022**.

We would also like to take the opportunity of informing you that the minutes are available on the Member Services section of the FIS Website: www.fis-ski.com.

Thank you very much for your valuable contribution.

Kindest regards,

Satu Kalajainen (FIN)
Chair Sub-Committee for Cross-Country Youth and Children's Questions

(sent by e-mail without signature)

Enclosure: ment.

INTERNATIONAL SKI FEDERATION
Minutes Online Meeting Sub-Committee for Cross-Country Youth and Children's
Questions, Zoom platform, 04.05.2022, 13:00 – 15:00 hrs -CET

AGENDA

1. Opening of the meeting
2. Members present
3. Appointment of a secretary
4. Approval of the agenda and possible additions to it
5. Approval of the minutes of the online meeting, 28.09.2021
6. Bring children to the snow / WSD, Andrew Cholinski FIS
7. Race format discussion, Michal Lamplot FIS
8. Youth questionnaire outcome
9. Athlete wellbeing
10. Other matters arising
 - Youth Coach Seminar, where/when?
11. Next meeting
12. Closing of the meeting

All proposals and decisions of the Sub-Committee are subject to the confirmation of the Cross-Country Committee on 19.05.2022 and to the approval of the FIS Council online meeting, 26.05.2022

1. Opening of the meeting

The Chair opened the meeting by appraising the tremendous season with Winter Olympic Games, good snow in large part of the globe, less Covid-19 effect – things that are likely to act as a catalyst for families and youngsters to get into the world of cross country skiing. On a different note, reminder of our duty of care for younger generation - to support them in every way in these unpredictable times. She also mentioned spring to be very historic in terms of some decisions to be made about our discipline. She welcomed all the members, FIS staff, media and observers by inviting them also into the discussion where appropriate. Cross Country Committee Chair Vegard Ulvang greeted the audience too by underlining the fact that FIS is the decision making body and we all have a role to play as forming FIS.

2. Members present

Members	Country	Remarks	Substitute
Satu Kalajainen	FIN	Chair, secretary	
Achleitner Lisa	AUT	Substitute	Michael Bonfert
Angerer Tobias	GER		
Borch Christian	DEN		
Juraj Brugos	SVK	Substitute	Irana Mrazova
Tomomi Shimizu	JPN		
Yury Garmash	RUS	Absent	
Isenschmid Marco	SUI	Absent	
Zora Honzlova	CZE	Absent	
Mina Ilic	SRB		
Matias Jerman	ARG	Absent	
Necaty Kaplan	TUR	Substitute	Özkan Koyuncu
Jenny Limby	SWE		
Allison C. McArdle	CAN	Absent	
Gabriella Paruzzi	ITA		
Franco Puntel	ESP	Substitute	Juli Sala
Abdelaaziz Rkioiu	MAR	Absent	
Maria Vaikou	GRE		
Roy Young	GBR		
Saetha Brynhild	NOR	Substitute	Brit Baldishol
Ormeno Jose Miguel	CHI		
Graves Cami T.	USA		
Malik Faustyna	POL		
Michal Lamplot	FIS		
Andrew Cholinski	FIS		

Vegard Ulvang	Cross Country Committee Chair	
Pierre Mignerey	FIS	
Philippe Gueisbuhler	FIS	partly present
Dimitrije Lazarovski	FIS	partly present
Doris Kallen	FIS	
Madeline Nappey	FIS	
Josephine Aschhoff	FIS	
Thomas Haarstad	Dagbladet	
Observers		

3. Appointment of a secretary

The Chair's offer to do the minutes was approved.

4. Approval of the agenda and possible additions to it

The agenda was approved with the following additions: 1) Philippe Gueisbuhler's insight of the new project 'Athlete Health Unit'. 2) Presentation of two reports from FIS Future Vision working groups. 3) Youth Seminar in autumn and preferred topics. Decided agenda to be flexible. Minutes have been recorded according to original agenda sequence.

5. Approval of the minutes of the online meeting, 28.09.2021

The Chair apologized for the late sending of the minutes. Some of the topics will be reverted in this meeting. Correction to members present: Faustina Malik was present in the meeting. For information re George Zipfel's Honorary Membership; proposal could not proceed to Council as he had not been a member in our sub-committee for 10 years as the rules stipulate. The Chair thanked George once again for his amazing achievements.

6. Bring children to the snow / WSD, Andrew Cholinski FIS

Andrew summarized great numbers in Bring Children to the Snow events: 393 events in 31 nations. There is a new material coming up 'ShredPark arena' (currently testing it in snowboard) of which cross country gets own version summer -23. Top 8 award winners have been announced – all get 5.000CHF. Many great new initiatives have seen daylight as per attached presentation.

World Snow Day events were 148 in 42 nations, back to normal in nation number. WSD 2023 is 15th January. More in depth information in attached presentation.

7. Race format discussion, Michal Lamplot FIS

Michal gave an overview of the discussions gone on already for several years. Hot topics include equal distance for both genders, adaptation of mixed relays, their joint effect along with some additional changes in JWSC/YOG programme. The recent youth questionnaire and comments from members did not strongly oppose the proposed changes. Also agreed that we can really only annotate JWSC/YOG level and as the athlete path must be consistent from YOG to World Cup level, Main Committee decision will prevail. FIS proposal attached as part of JWSC presentation.

Fresh youth (13-20 years) questionnaire was glanced at this stage: mixed relays were supported, equal distances 'sometimes' most supported, majority wanted skiathlon as their competition format.

The recommendation was once again to get involved with the national forum forming its official view for the Cross Country Main Committee meeting (18May).

Michal's JWSC presentation is attached.

8. Youth questionnaire outcome

Altogether some 2000 youngsters from 22 nations replied the questionnaire sent in April (close to 1500 completed every question). The questionnaire was much a copy of the one sent two years ago enhanced with a couple of Covid-19 and recent race format questions. The questionnaire was for the youth 13-20 years. The survey was solely in English (educational aspect included).

The most unanimous reply was 'yes' to the question if both classic and skating should be maintained. The data was declared 'public' and can be shared where need be. More thorough analysis must be done and some comparison to the earlier version. Agreed it to be valuable data for every nation's internal use. Sub-committee thanked Brit Baldishol from Norway for providing the tool, operating all of its technicalities and doing the communication with all the nations – excellent work.

9. Athlete wellbeing

Philippe Gueisbuhler gave an insight to new project called Athlete Health Unit. The ultimate aim is to cover all areas of wellbeing bringing together a bunch of experts on field and find a way of channelling that knowledge and expertise to the national ski associations. Different stakeholders get to contribute as part of the evolving process so that all existing knowhow and best practise can be gathered and exploited. The target is health maintenance rather than distress prevention. The framework building is currently taking place. Time scale for having something concrete in place could be autumn 2023. Philippe invited anyone with any questions or comments to approach him directly.

Due lack of time, member nations' best practice on the topic could not be covered. Instead it will be reverted.

10. Other matters arising

- Youth Coach Seminar, where/when?

It was agreed that online seminar could work and a working group will be formed to think and plan this (so far Cami USA and Brit NOR volunteered). Proposal to Main Committee for a budget reservation re possible expert fees.

- Youth Seminar Zurich, autumn 2022

Did not have time to cover this but everyone was encouraged to send the Chair any suggestions for Seminar topics.

- Future Vision working group reports – Dimitrije Lazarovski.

Dimitrije Lazarovski said few words of the Future Vision working groups; not replacing any existing committees and experts but to give an additional view to various matters. Did not have time jointly to cover the reports, instead everyone to read the reports and send any comments to the Chair soonest ('Youth' and 'Camps and Training Facilities' final reports).

11. Next meeting

Next meeting will be in Zurich in autumn.

12. Closing of the meeting

Before the closing, the Chair thanked Vegard Ulvang, resigning Chair for the CC Main Committee, for his leadership and ever encouraging approach to this sub-committee work, its members and its working ways. The Chair thanked everyone for their active participation and closed the meeting at 16.18.